

What Is Continuing Care Retirement Community? A Practical Guide to Understanding

There are many different types of CCRCs, each with its own unique set of amenities and services. Some CCRCs offer independent living units only, while others offer a continuum of care that includes assisted living, skilled nursing care, and memory care.

There are many benefits to living in a CCRC, including:

- **Peace of mind:** CCRCs provide a safe and secure environment where seniors can live independently while still having access to healthcare services if they need them.
- **Convenience:** CCRCs offer a wide range of amenities and services, making it easy for seniors to get what they need without having to leave the community.
- **Socialization:** CCRCs provide opportunities for seniors to socialize and make new friends.
- **Maintenance-free living:** CCRCs take care of all the maintenance and upkeep of the community, so seniors can enjoy their retirement without having to worry about chores.

When choosing a CCRC, it is important to consider the following factors:

Retirement Communities 101: What is a Continuing Care Retirement Community? A Practical Guide to



Understanding and Researching a CCRC

by Dana Cornwell Bodney

★★★★☆ 4.7 out of 5

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- **Location:** The location of the CCRC should be convenient for you and your family.
- **Size:** The size of the CCRC should be appropriate for your needs.
- **Amenities:** The CCRC should offer the amenities and services that you are looking for.
- **Cost:** The cost of living in a CCRC should be within your budget.

It is also important to visit the CCRC and meet with the staff before making a decision. This will help you get a better understanding of the community and whether it is a good fit for you.

When you move into a CCRC, you can expect to live in a safe and supportive environment where you will have access to a wide range of amenities and services. The staff at the CCRC will be there to help you with

whatever you need, and you will have the opportunity to socialize and make new friends.

As you age, you may need to transition to a higher level of care. The CCRC will be there to support you through this transition and will provide you with the care and services that you need.

CCRCs offer a great way for seniors to live independently while still having access to healthcare services if they need them. CCRCs provide a safe and supportive environment where seniors can enjoy their retirement years to the fullest.

If you are considering moving to a CCRC, it is important to do your research and choose a community that is right for you. Visit the CCRC and meet with the staff before making a decision. This will help you get a better understanding of the community and whether it is a good fit for you.



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