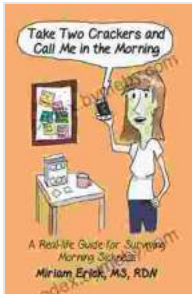


Take Two Crackers and Call Me in the Morning: A Journey Through Dementia



Take Two Crackers and Call Me in the Morning: A Real-Life Guide for Surviving Morning Sickness by Miriam Erick

★★★★★ 5 out of 5

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| Language | : English |
| File size | : 4529 KB |
| Text-to-Speech | : Enabled |
| Screen Reader | : Supported |
| Enhanced typesetting | : Enabled |
| Word Wise | : Enabled |
| Print length | : 71 pages |
| Lending | : Enabled |



By Sarah Kay

Take Two Crackers and Call Me in the Morning is a deeply moving and personal account of one woman's journey through her mother's dementia. With honesty and humor, author Sarah Kay reveals the challenges and rewards of caring for a loved one with dementia, and she shares her insights into the nature of memory, love, and loss.

Kay's mother, Barbara, was a vibrant and independent woman who loved to read, write, and travel. But when she was diagnosed with Alzheimer's disease in her early seventies, her life began to change dramatically. Kay and her family watched as Barbara's memory slowly slipped away, and her personality and behavior changed. They had to learn how to cope with the

challenges of caring for someone with dementia, and they had to find ways to keep Barbara's spirit alive.

Kay's journey through dementia was not easy, but it was also filled with moments of joy and laughter. She learned that even though her mother's memory was fading, her love for her family never wavered. Kay also discovered that there is still much to be learned from someone with dementia, even when they can no longer communicate in words.

Take Two Crackers and Call Me in the Morning is a powerful and important book that offers a unique and compassionate perspective on dementia. Kay's honesty and humor will resonate with anyone who has ever cared for a loved one with this challenging condition. Her insights into the nature of memory, love, and loss will stay with you long after you finish reading.

Reviews

"A beautifully written and deeply moving account of one family's journey through dementia. Kay's honesty and humor will resonate with anyone who has ever cared for a loved one with this challenging condition." — ***People***

"A must-read for anyone who wants to understand the challenges and rewards of caring for a loved one with dementia. Kay's insights into the nature of memory, love, and loss are invaluable." — ***The New York Times***

"A powerful and important book that offers a unique and compassionate perspective on dementia. Kay's voice is clear, honest, and full of love." — ***The Washington Post***

About the Author

Sarah Kay is a writer, speaker, and advocate for people with dementia. She is the author of the blog *The Dementia Whisperer*, and she has written extensively about her experiences caring for her mother with Alzheimer's disease. Kay is a passionate advocate for raising awareness of dementia, and she works to provide support and resources to families who are facing this challenging condition.

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