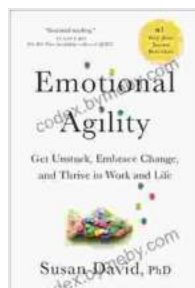


Get Unstuck: Embrace Change and Thrive in Work and Life



Emotional Agility: Get Unstuck, Embrace Change, and Thrive in Work and Life by Susan David

★★★★☆ 4.6 out of 5

Language	: English
File size	: 2335 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 281 pages



Are you feeling stuck in your work or life? Do you feel like you're not reaching your full potential? If so, then you need to read Get Unstuck.

This book will show you how to:

- Identify the areas of your life where you're feeling stuck
- Understand the causes of your stuckness
- Develop a plan to get unstuck
- Take action to implement your plan
- Sustain your progress over time

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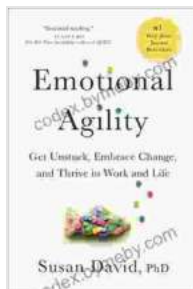
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