

Dessert Can Save the World: An Epic Culinary Journey to End World Hunger

In a world where one in nine people go hungry every day, it's easy to feel overwhelmed by the magnitude of the problem. But what if there was a simple, delicious way to make a difference?



Dessert Can Save the World: Stories, Secrets, and Recipes for a Stubbornly Joyful Existence by Christina Tosi

★★★★☆ 4.1 out of 5

Language : English
File size : 1518 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Print length : 241 pages



That's the premise of *Dessert Can Save the World*, a new book by food writer and activist Alice Waters. In the book, Waters travels the globe to explore the hidden power of dessert to nourish the body and soul, and end world hunger.

Waters visits refugee camps in Africa, orphanages in Asia, and schools in the United States, witnessing firsthand how dessert can bring joy, comfort, and hope to those who need it most.

She also meets with chefs, farmers, and food activists who are working to create a more just and sustainable food system. Together, they share recipes, stories, and ideas for how we can all use dessert to make a difference in the world.

Dessert Can Save the World is not just a cookbook. It's a call to action. Waters believes that by sharing our love of dessert, we can create a more just and sustainable world for all.

The Power of Dessert

Dessert has the power to bring people together. It can create a sense of community and belonging. It can also be a source of comfort and joy.

But dessert can also be a force for good. It can be used to raise awareness about important issues, such as world hunger. It can also be used to fundraise for charities that are working to end hunger.

Waters believes that dessert can be a powerful tool for change. By sharing our love of dessert, we can create a more just and sustainable world for all.

Desserts That Can Change the World

Waters shares several recipes in Dessert Can Save the World that are not only delicious, but also have the power to make a difference.

One of her recipes is for a chocolate cake that is made with fair-trade chocolate. Fair-trade chocolate is produced by farmers who are paid a fair price for their cocoa beans. This helps to ensure that farmers have a decent standard of living and that they can continue to grow cocoa beans for future generations.

Another recipe in the book is for a fruit tart that is made with local, seasonal fruit. Eating local, seasonal fruit helps to reduce the environmental impact of food production. It also supports local farmers and businesses.

These are just two examples of how dessert can be used to make a difference in the world. By choosing desserts that are made with fair-trade ingredients or local, seasonal ingredients, we can all help to create a more just and sustainable food system.

Join the Movement

Waters is calling on everyone to join the movement to use dessert to end world hunger. She believes that by sharing our love of dessert, we can create a more just and sustainable world for all.

Here are some ways that you can get involved:

- **Host a dessert party.** Invite your friends and family over for a dessert party and ask them to donate to a charity that is working to end hunger.
- **Bake for a bake sale.** Bake some of your favorite desserts and sell them at a bake sale to raise money for a charity that is working to end hunger.
- **Volunteer your time at a soup kitchen or food bank.** Help to prepare and serve desserts to people who are hungry.
- **Share your love of dessert on social media.** Use the hashtag #DessertCanSaveTheWorld to share your favorite dessert recipes, stories, and ideas.

Together, we can make a difference. Join the movement today and help to end world hunger.



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